

What Happy Working Mothers Know

Questionnaire

1. In which city, state or province and country do you live?
2. Please describe your domestic status:
 - A. married
 - B. divorced and single
 - C. living with a life partner
3. How long have you had that status?
4. Approximately how much do you earn annually (please specify currency)?
5. Approximately what percentage of your total family income comes from your work?
6. How many children do you have and what are their ages?
7. Do any of your children have special needs (e.g. autism, physical handicap, serious illness). If so, please explain.
8. How old were you when you first became a mother?
 - A. 16-19
 - B. 20-25
 - C. 25-30
 - D. 30-35
 - E. 35-40
 - F. Over 40

9. What arrangements do you have to handle your children's needs when you are at work?
(please check all that apply)

- A. Day care
- B. Live in nanny
- C. After school programs
- D. Kids are old enough to stay home alone
- E. Other: _____

10. If you have a spouse or life partner, what percentage of the child care responsibilities would you say he/she handles?

- A. 0-15%
- B. 15-30%
- C. 30-50%
- D. More than 50%

11. What work do you do?

12. How long have you been working at this or any other job?

13. Why do you work? Please list all the reasons you can think of in order of importance to you.

- ___ to fulfill your sense of purpose
- ___ for the money
- ___ to get insurance benefits for you and your children
- ___ for personal satisfaction
- ___ for intellectual stimulation
- ___ to get out of the house
- ___ Other: _____

14. How do you think the fact that you are a mother impacts your effectiveness at work?

- A. Makes you more effective
- B. Makes you less effective
- C. Has no impact

D. Not sure

Please explain:

15. Do you ever wish you:

- A. Were not a mother;
- B. Did not work outside the home;
- C. Neither;
- D. Both
- E. All of the above at different times

Please explain:

16. Which would you rather have (please choose only one)?

- A. Unlimited time
- B. Unlimited energy
- C. Unlimited money

Why?

17. How do you rate yourself as a mother?

- A. Excellent
- B. Good
- C. Well intentioned but not always the kind of mother you want to be
- D. Not very good

Why?

18. If you could make one change about your work environment, what would it be?

- A. Increase your salary
- B. Increase flexibility in your work schedule
- C. Reduce number of hours you work
- D. Reduce the amount of travel required

19. What advice would you like to give to other working mothers?

20. Who are your role models and why?

21. How does your life today compare with what you dreamed of as a child?

22. How do you think your life will change when your children grow up and move out on their own?